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## AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions and listings of claims in the application:

## Listing of Claims:

Claims 1-213 (Canceled).

- 214. (New) A method of preserving joint health comprising the step of administering a composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isohumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 215. (New) The method according to Claim 214, wherein the dihydro-isohumulone has a structure according to Genus A having the formula:

wherein R' is hydroxyl, and wherein R" is CH2CH(CH3)2.

- 216. (New) A method of preserving joint health comprising the step of administering a composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isocohumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 217. (New) The method according to Claim 216, wherein the dihydro-isocohumulone has a structure according to Genus A having the formula:

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wherein R' is hydroxyl, and wherein R" is CH(CH<sub>3</sub>)<sub>2</sub>.

- 218. (New) A method of preserving joint health comprising the step of administering a composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isoadhumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 219. (New) The method according to Claim 218, wherein the dihydro-isoadhumulone has a structure according to Genus A having the formula:

wherein R' is hydroxyl, and wherein R" is CH(CH<sub>3</sub>)CH<sub>2</sub>CH<sub>3</sub>.

220. (New) A method as in any of claims 214 - 219, wherein the compound derived from rosemary is selected from the group consisting of 1,8-cineole, 19-alpha-hydroxyursolic acid, 2-.beta.-hydroxyoleanolic acid, 3-O-acetyloleanolic acid, 3-O-acetyloleanolic acid, 3-O-acetyloleanolic acid, 3-O-acetyloleanolic acid, 6-methoxy-luteolin-7-glucoside, 6-methoxyluteolin, 6-methoxyluteolin-7-glucoside, methoxyluteolin-7-methylether, 7-ethoxy-rosmanol, 7-methoxy-rosmanol, alpha-amyrin, alpha-humulene, alpha-hydroxyhydrocaffeic acid, alpha-pinene, alpha-terpinene, alpha-terpinene, alpha-terpineol, alpha-thujone,

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apigenin, apigenin-7-glucoside, curcumene, benzyl-alcohol, .beta.-amyrenone, .beta.amyrin, .beta.-elemene, .beta.-pinene, betulin, betulinic acid, borneol, bornyl-acetate, caffeic acid, camphene, camphor, carnosic acid, carnosol, carvacrol, carvone, caryophyllene, caryophyllene-oxide, chlorogenic acid, diosmetin, gamma-terpinene, luteolin-3'-O-(3"-O-acetyl)-.beta.-Dluteolin. limonene, isoborneol, hesperidin, glucuronide, luteolin-3'-O-(4"-O-acetyl)-.beta.-D-glucuronide, luteolin-3'-O-.beta.-D-glucuronide, luteolin-7-glucoside, methyl-eugenol, myrcene, neo-chlorogenic acid, nepetin, octanoic acid, oleanolic acid, p-cymene, piperitenone, rosmanol, rosmaric acid, rosmaricine, rosmaridiphenol, rosemarinic acid, rosmarinol, rosmariquinone, sabinene, sabinyl acetate, salicylates, salicylic acid-2-.beta.-D-glucoside, squalene, terpinen-4-ol, terpinolene, thymol, trans-anethole, trans-carveol, ursolic acid, verbenone, and zingiberene..

- 221. (New) A method as in any of claims 214-220, wherein the composition further comprises glucosamine or chondroitin sulfate.
- 222. (New) A composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isohumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 223. (New) The composition of Claim 214, wherein the dihydro-isohumulone has a structure according to Genus A having the formula:

wherein R' is hydroxyl, and wherein R" is CH2CH(CH3)2.

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- 224. (New) A composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isocohumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 225. (New) The composition of Claim 224, wherein the dihydro-isocohumulone has a structure according to Genus A having the formula:

wherein R' is hydroxyl, and wherein R" is CH(CH<sub>3</sub>)<sub>2</sub>.

- 226. (New) A composition comprising a component selected from the group consisting of oleanolic acid and ursolic acid, dihydro-isoadhumulone, and a component selected from the group consisting of rosemary, an extract derived from rosemary, and a compound derived from rosemary.
- 227. (New) The composition according to Claim 226, wherein the dihydro-isoadhumulone has a structure according to Genus A having the formula:

wherein R' is hydroxyl, and wherein R" is CH(CH<sub>3</sub>)CH<sub>2</sub>CH<sub>3</sub>.

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(New) A composition as in any of claims 222-227, wherein the compound 228. derived from rosemary is selected from the group consisting of 1,8-cineole, 19-alphahydroxyursolic acid, 2-.beta.-hydroxyoleanolic acid, 3-O-acetyloleanolic acid, 3-O-6-methoxyluteolin, 6-6-methoxy-luteolin-7-glucoside, acid. acetylursolic methoxyluteolin-7-glucoside, methoxyluteolin-7-methylether, 7-ethoxy-rosmanol, 7methoxy-rosmanol, alpha-amyrin, alpha-humulene, alpha-hydroxyhydrocaffeic acid, alpha-pinene, alpha-terpinene, alpha-terpinenyl acetate, alpha-terpineol, alpha-thujone, apigenin, apigenin-7-glucoside, curcumene, benzyl-alcohol, .beta.-amyrenone, .beta.amyrin, beta.-elemene, beta.-pinene, betulin, betulinic acid, borneol, bornyl-acetate, caffeic acid, camphene, camphor, carnosic acid, carnosol, carvacrol, carvone, caryophyllene, caryophyllene-oxide, chlorogenic acid, diosmetin, gamma-terpinene, luteolin-3'-O-(3"-O-acetyl)-.beta.-Dluteolin, limonene, isoborneol, hesperidin, glucuronide, luteolin-3'-O-(4"-O-acetyl)-.beta.-D-glucuronide, luteolin-3'-O-.beta.-D-glucuronide, luteolin-7-glucoside, methyl-eugenol, myrcene, neo-chlorogenic acid, nepetin, octanoic acid, oleanolic acid, p-cymene, piperitenone, rosmanol, rosmaric acid, rosmaricine, rosmaridiphenol, rosemarinic acid, rosmarinol, rosmariquinone, sabinene, sabinyl acetate, salicylates, salicylic acid-2-.beta.-D-glucoside, squalene, terpinen-4-ol, terpinolene, thymol, trans-anethole, trans-carveol, ursolic acid, verbenone, and zingiberene..

229. (New) A composition as in any of claims 222-228, wherein the composition further comprises glucosamine or chondroitin sulfate.